

Made FOR More

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Made FOR More

Created for a Purpose is a 501c3 that trains, equips, and licenses other churches to host Created for a Purpose and Built for a Purpose camps at their church.

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TRAINING DOCUMENT

for Host Church
Children's Ministry

Thank you so much for hosting the Committee on Discipleship Ministries (CDM) and Created for a Purpose (CFAP) workshop for girls attending the Made for More Conference. This workshop is being held on Saturday morning for girls in 3rd-12th grade (High schoolers have the option of attending the Biblical Sexuality workshop with an adult's permission, or they can choose the CFAP workshop). CFAP is a week-long camp, but they are providing a "taste and see" of the camp during this conference workshop.

You will need to recruit volunteers to help you setup for the workshop, welcome the girls to the conference on Friday night, and lead the girls through the workshop on Saturday.

Katie Flores (CDM) and Ingram Link (CFAP) are present to serve you during our time together.

HOSPITALITY AND SAFETY

CHECK-IN & REGISTRATION

The girls will register on Friday night at a separate registration table. CFAP will provide a table cover when they arrive that you may use if you choose. CDM will email the list of names by age group once registration has closed. You will print 2 labels for each girl. One label will go on the back of the woman's nametag and one will go on the back of the girl's nametag.

Both the student and the adults will need to bring those nametags back on Saturday to ensure girls are being released to the correct adult.

Your Check-in Table will need the following items:

- Matching Labels with Girl's Info – one for woman and one for girl
- Colored Dot sticker – labeled with D, R, L for Daisy (3rd-5th), Rose (6th-8th), Lily (9th-12th)
- Smiley Face Stickers – for non-photo participants
- List of all girls, alphabetized by last name with room/group/photo info, so that Check-in volunteers can make notes for room adjustments, etc...
- Pens for making notes
- Consider a way to visually designate volunteers (leis, flower on nametag lanyard, etc)

Please let CDM know of any requirements for CDM staff, CFAP staff, and exhibitors who are "volunteer ready" through their own church to be able to join the workshop time with the girls in your church context. We want to follow your policies and procedures!

Photography prep: Please think through any instructions to tell your photographer. Photographer can ask girls if they have smiley sticker and then will know not to take pictures of those girls. You can also note which rooms do not have any non-photo requests and let photographer take pictures in those rooms only.

LARGE GROUP GATHERING

In the large group room, there should be room for dancing and singing as well as a short teaching time. Open space as well as chairs, or a floor that is comfortable to sit on is the best set up.

**It is ideal to have AV and projection use, podium and microphone to sing a song and move a bit.*

We will start with two songs ([Link to Dance Motions Showcase](#))

[I'm So Blessed \(Cain\)](#)

[I Am Not My Own](#) (Skye Peterson, Kristen Getty)

The teaching time will be based on Matthew 6:25-34 from the Sermon on the Mount. This passage in the ESV is titled "Do Not Be Anxious." We will consider God as our ultimate provider and how he demonstrates that he is trustworthy. One of our main objectives at Created for a Purpose is to teach girls more and more about who God is in order to have a better understanding of their own identity and what it means to be a child of the King.

Each flower group will have a **counselor/leader**. This leader will be responsible for keeping her group together, taking them to the room where they will complete their project, signing them in, then ensuring that they get their group back to the assigned area for adult pick up. This leader will be the one that will match nametags to confirm that the correct adult is picking up the student.

SMALL GROUP GATHERING & PROJECT TIME

Once they get in the room, they will be led through the Iris Folding project. Each room will have a project instructor and the counselor will also help with the project. They will be using flower-shaped templates to remind them of the lesson we shared from Matthew 6 on how the Lord takes care of the flowers of the field and the birds of the air and how he will take care of his children.

3rd-5th grade Girls will complete the TULIP flower template

6th-12th grade girls will complete the BUTTERCUP flower template

SMALL GROUP PRAYER TIME

After the project is complete, the project instructor and/or the counselor will take the girls through a prayer time praying the ACTS Model. The students will be led through Adoration, Confession, Thanksgiving, and Supplication using Scripture. There will also be prayer cards from Teranga Village that could be utilized during this time.

This prayer card walks you through the "A-C-T-S" model of prayer:

- A**DORATION Give God praise and honor for who He is as Lord over all.
- C**ONFESSION Honestly deal with sin in your prayer life.
- T**HANKSGIVING Acknowledge what you're grateful for in your life and in the world around you.
- S**UPPLICATION Pray for the needs of others and yourself.

You may find it helpful to write these prayers out in a journal.

ADORATION *Make a joyful noise to the Lord, all the earth! For the Lord is good; his steadfast love endures forever, and his faithfulness to all generations.*
-Psalm 100:4, 5

Adoration is the act of acknowledging and praising God as the King of Kings and Lord of Lords. The Bible tells us who God is. Consider using the the Psalms as your model to pray prayers of adoration. As you repeat and pray words of Scripture back to God, you are giving him the honor he alone deserves.

Spend a few moments to consider what the passage tells you about who God is? Write or say a prayer of adoration, praising God for who he is.

CONFESSION *If we confess our sins, he is faithful and just to forgive our sins and to cleanse us from all unrighteousness.*
-1 John 1:9

Confession is the practice of agreeing with God that your sin is offensive to our Holy Father. Ask God to show you the sin in your heart and your words and deeds that have not glorified him. Confess those sins to God. Ask God to fill you with his Holy Spirit to change your heart and equip you to honor him.

THANKSGIVING *And whatever you do, in word and deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.*
-Colossians 3:17

Having a heart of thankfulness means thanking God for who he is, what he has done, is doing, and will do. Thank God for the redeeming work of Christ. Acknowledge what you are grateful for in your life and in the world around you. Thank God for situations, circumstances and relationships, even the ones that are difficult.

Write a prayer of thanksgiving for the following:

- Specific people in your life
- Ways that God provides for you
- Activities, circumstances or situations

SUPPLICATION *Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.*
-Hebrews 4:16

Jesus tells us to bring our requests before him. Using scripture when we pray keeps us mindful to first ask God to conform us to the image of His Son rather than only asking him to meet our needs and desires.

As you pray for yourself and others, consider praying Galatians 5:22-23.

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control, against such thing there is no law.
-Galatians 5:22, 23

Write a prayer in your journal to God asking for help for others and for yourself.

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After the project and prayer time, give the girls their Created for a Purpose bag with their finished art project and their prayer sheet in it. Each group should be led by their counselor to the designated connection place where girls will be matched with the adult they came with.

OTHER SAFETY CONSIDERATIONS AND GUIDELINES

Have a sign-in sheet and plan for evacuation.

Phones should not be used by volunteers or participants during the project time.

No photographs are allowed to be taken by a volunteer. An official photographer will come through. Girls' name tags should be flipped behind them when pictures are taken by the official photographer.

Girls may not switch nametags with one another.

There should not be any food or snacks served during the project or small group time.

Doors of project rooms should remain open to hallways.

No adults should enter the restroom with the girls.

First aid kit should be available and accessible if needed.

WORKSHOP SCHEDULE

Girls' Saturday Breakout Session (10:15 AM-12:05 PM)

10:15-10:20 AM | GIRLS TRANSITION TO BREAK OUT

Please think about your dismissal instructions for the girls as well as the reconnection plan with women and communicate that to the CDM team. Girls are dismissed and led by volunteers to a large room gathering. Ideal set up is an open space, with or without chairs, available AV and projection use, podium, and microphone.

10:20 - 10:40 AM | OPENING GREETING/WORSHIP/LARGE GROUP TEACHING TIME

Girls will meet the counselor of their registered age flower group (Daisy- 3rd-5th, Rose- 6th-8th, Lily- 9th-12th). Please [print color coded signs](#) to help the girls find their groups quickly. Please have someone playing music as girls enter (consider the [Made for More Spotify Playlist](#)). That person should also be equipped to run the audio / visual needed for these two songs the girls sing:

[I'm So Blessed \(Cain\)](#)

[I Am Not My Own](#) (Skye Peterson, Kristen Getty)

[\(Link to Dance Motions Showcase\)](#)

Please ask some girls from your church to learn the motions to two songs to lead everyone in worship to the two songs above.

Ingram will teach on Matthew 6:25-34: We use flowers and bird throughout Created for a Purpose materials. We want girls to be reminded of this passage where Jesus is speaking to the crowds and teaching them that their heavenly Father has created them, loves them, cares for, and provides for them. The passage starts with Jesus saying do not be anxious about your life. Asking girls if they are anxious, what types of things are they anxious about? Look at the birds- the Lord feeds them! Do we worry about what we are going to eat, or not eat? The Lord provides for the birds, and you are more valuable than the birds. Do you ever worry about what you are going to wear? If God clothes the flowers of the field- of course he is going to provide for you.

10:40 - 10:45 AM | GIRLS TRANSITION TO SMALLER PROJECT ROOMS

Each smaller project room should be set up with tables and chairs for 16. Tables should be arranged in a U-shape. Trash cans in each room are essential. Everyone will be doing a paper project which only requires tape, so no need for sink or floor coverings. (You know what works best in your context and we will use what you have, but are providing this guidance).

10:45 AM - 11:45 AM | FLOWER IRIS FOLDING PROJECT

Please train 1 project expert per room of girls and have at least one other volunteer to assist (this can be the group counselor or leader). Leaders can consider using the [Made for More playlist \(on spotify\)](#) as background music. Girls will be using a flower-shaped template to remind them of the lesson shared on how the Lord takes care of the flowers of the field and the birds of the air and how he will take care of his children.

11:45 - 11:55 PM | DISCIPLESHIP TIME IN SMALLER ROOMS

Please train 1 discipleship expert (can be the same as project expert or different) to lead a time modeling how to pray the ACTS pattern of prayer, including a time of praying for a girl who lives in Teranga Village (introduced earlier in the day).

11:55 - 12:05 PM | GIRLS TRANSITION TO CONNECTION POINT WITH WOMEN

Girls will be given a Created for a Purpose branded blue bag in which to put their project, prayer card, and Teranga Village card. Girls can then be taken to meet the women for lunch or the women can be instructed to meet the girls in their rooms. Volunteers with the girls will need to remain with the girls and make sure each is connecting with the appropriate adult (the labels on back of nametags will connect them and they will need to show the volunteer that they match).

A training package will be shipped well in advance with supplies to train 10 project and discipleship experts. In addition, please ask some girls to learn the dance motions to lead the time with the girls.

WHAT WILL MAKE A GOOD VOLUNTEER?

What will make a good volunteer? Someone who loves Jesus and loves having fun with girls! Someone who is flexible, can follow directions and can problem solve. They need to be willing to watch project training videos and become the expert in leading the girls throughout the workshop. Everyone will need to follow the policies and procedures laid out by your church.

Send out details through email with the videos to watch and host a training meeting/practice party for people to practice with supplies. You can save the projects made to be examples in the project rooms during the conference.

CDM and CFAP are available to join you for an 8-8:40am training the morning of the workshop to let you discuss logistics and safety, CFAP provide a little confidence boost, and Katie to lead in prayer. If you do not wish to have this meeting Saturday morning, please let Katie Flores know.

SUPPLIES AND SET-UP FOR CREATED FOR A PURPOSE WORKSHOP:

All materials needed for the art project will be shipped to host churches in advance. Consider a safe place in your church where these items can be stored until needed for the conference. PLEASE SAVE SHIPPING BOXES, AS CREATED FOR A PURPOSE STAFF WILL LIKELY USE THEM TO SHIP REUSABLE SUPPLIES TO THE NEXT CONFERENCE LOCATION.

ROOM SETUP INSTRUCTIONS

Knowing the number of participants ahead of time is helpful to ensure the right amount of supplies are placed in each room. We try to include an extra set of supplies per room for last minute changes.

FOR EACH PROJECT ROOM, GATHER THE FOLLOWING SUPPLIES.

Place all supplies on a side table and group them together beforehand to ensure you have the correct number per participant according to the number of girls in your room (i.e., all scissors together, all tape together, all paper together, etc.). To keep distractions at a minimum, you will pass out the supplies as needed according to the project timeline/instructions.

Plastic rulers – 1 per participant	Pre-cut flower cardstock sheets, 1 per participant
Scissors – 1 pair per participant	
Blue painters tape – 1 roll per room	Black and white numbered templates, 1 per participant, to match the cut out they are completing
Scotch tape – 1 roll per 2 participants	
Picture frame – 1 per participant	
Pencils – 1 per participant	6x6 paper, 4 sheets per participant (3 patterns, 1 solid)
Sharpies – 3 per room	

CLEANUP INSTRUCTIONS

Re group/gather all scissors, tape dispensers, rulers, pencils, sharpies, blue tape, and left over full sheets of paper. Place these supplies in the shipping boxes you saved. Created for a Purpose will ship these boxes to the next location.



PROJECT TRAINING PACKAGE: IRIS FOLDING FRAMED ART

IN YOUR TRAINING PACKAGE YOU WILL FIND:

10 Project instructions
10 Pre-cut card stock flower sheets (5 tulip, 5 daisy)
10 numbered Iris folding templates (5 tulip, 5 daisy)
6x6 paper (35-40 sheets)
Blue painter's tape

For project practice and training, **you will need to supply:**

Scissors, scotch tape, pencils, rulers and sharpies

(Created for a Purpose will bring these materials to each Made for More conference)

If you have questions on the project or dance motions, please email Sara Ellen Allbritton (saraellen@createdforapurpose.org)

For questions regarding the ACTS Prayer training or Prayer Card sample, please email Ingram Link (ingram@createdforapurpose.org)

Created for a Purpose will bring / ship the following project materials to each location:

On a side table in a room, have the correct amount of supplies for each girl and pass out as needed

Pre-cut cardstock pattern sheets – 1 per participant

(3rd-5th grades, Tulip pattern; 6th-12th grades, Buttercup pattern)

6x6 paper – 3-4 per participant, 3 patterned, 1 solid

Plastic rulers – 1 per participant

Scissors – 1 per participant

Blue painters tape – 1 roll per room

Scotch tape – 1 roll per 2 participants

Picture frame – 1 per participant

Pencils – 1 per participant

Sharpies – 3 per room

Iris Folding Framed Art

(each girl makes 1 framed project)

[Link to Training Video](#)



Supplies per girl:

Pre-cut, white 5x7 cardstock sheets

6 x 6 Scrapbook and origami paper packs (*not Cardstock - this should be regular paper weight. You want a mix of plain solid papers and patterned, designed paper - 4 sheets per girl)

Scissors

Ruler

Sharpie (2-3 per room)

Tape dispensers (1 per 2 girls)

Pencil

Iris Folding Templates (numbered sheets printed with pattern)

Blue Painter's Tape (To tape pattern to cut out shape)

5 x 7 Picture Frame

INSTRUCTIONS: (PLEASE REVIEW THE TRAINING VIDEO! Link included above)

1. Have the girls choose their pre-cut flower shape and the template to go behind it. At Made for More Conferences, girls in 3rd-5th grades will complete the Tulip pattern and girls in 6-12th grades will complete the buttercup pattern.
2. Line up the template with the cut out and use blue painter's tape to secure the numbered pattern to the shape.
3. Next, let the girls choose the paper for their design. The girls can choose 1 plain solid sheet and 3 designed sheets (4 sheets in all).
4. Fold each sheet of the square paper in half once, then again a second time, resulting in 4 strips of equal width. Cut out the 1.5" wide paper strips (you will have 16 strips of paper).
5. From their strips, have the girls choose the paper they want to be the **center** of their design. Cut this section a little larger than what will fit the size of the center and set aside - **do not fold that piece**. Add the remainder of this strip to your pile (the leftover piece will be shorter than the other strips).
6. For all remaining strips, place 2/3 of the strip under the ruler to help guide you in folding the strip lengthwise. Remove the ruler and crease the long edge. Repeat this process for all the strips. Assign each paper a letter (Pink= P, Gold = G, Swirl=S, etc.). Choose which paper should go with each number and use your pencil to mark a letter by each number on your template.
7. **Working on the wrong side of your cardstock**, follow the numbers and point your folded edge toward the center of the design. Line the fold of your first sheet with #1 and tape in place on the outside edge. For each numbered section that you cover, you want to make sure your paper is a little longer than the space, overlapping from edge to edge.
8. Follow the numbers according to the assigned pattern, working your way around the design. Continue until all the numbers are covered. The girls can choose their reserved paper or any fun color or design to put in the center. Secure the papers with tape on the back when finished.
9. **IMPORTANT THINGS TO REMEMBER:** The fold on your paper **always** goes towards the center!
Make sure the paper is a little longer than the space. It always needs to overlap from edge to edge.
10. When you have covered all the numbers on your template pattern, you may need to trim the excess paper around the card and make a few cuts to show the flower's center, etc.
11. Frame your creation. Use a sharpie to label the back of the frame with name and year.