

## Seven Moorings for the Soul

Dealing with our sinful nature is spiritual warfare. These “Seven Moorings for the Soul” are spiritual realities that help me keep perspective throughout that process. Sometimes the source of the conflict is my own sinful nature; sometimes the source is the enemy’s accusations. These certainties undergird me whether I’m able to discern the source or not. The main point is to walk by faith with Christ for His glory, trusting in His sufficiency in the process of sanctification.

- 1) There is a greater cause we are fighting for than ourselves: our triune God and His glory (Rev. 12:7-9, 17; 17:14).
- 2) We fight this battle on two fronts: evil without (Satan) and evil within (our fallen natures). We need to recognize that evil within dishonors the Lord, hurts others, and discourages ourselves (Eph. 6:12; Ps. 139:23-24).
- 3) Jesus Christ completely satisfied God’s righteous Law and took on God’s wrath for our sins. Our transgressions have been paid in *full* (Rom. 5:9; John 19:30).
- 4) Sin should not be rationalized nor managed but must be put to death. Putting our sin to death frees us to embrace Christ and His good, acceptable, and perfect plans for our lives (Rom. 8:13; 12:2).
- 5) In our worst moments, our standing as believers remains righteous in Christ and loved by God (Rom. 8:1, 38-39).
- 6) God, in His infinite wisdom and protective love, disciplines us for our good and for His glory (Heb. 12:10).
- 7) At any and every moment, we are able to walk in the Spirit. This involves setting our minds on Christ, humbly yielding to Him by means of ongoing repentance, and surrendering to His work of grace (Gal. 5:16).

